# KCC Bible Reading Plan

Develop a practice of savoring and meditating on the Word. Be nourished and refreshed every day.

# Foreword by our Pastors: Like a Tree Planted by Streams of Water

One of our favourite Bible imageries of a Christ-like believer is the tree in Psalm 1.

He lives righteously (following the way of righteousness), fruitfully (yields its fruit in its season) and is resilient (its leaf does not wither). He does all these without any striving, just by being himself, like a tree planted by streams of water.

A very inviting way of life.

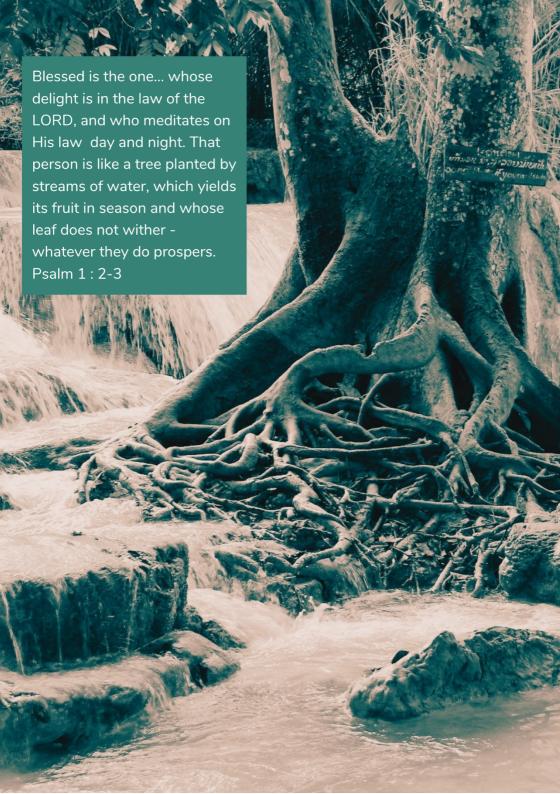
His secret? He delights in the law of the Lord and meditates on it day and night.

Do this, the psalmist says, and we will prosper and bear fruit in its season. If we don't, we'll experience the opposite result: we'll be like chaff that the wind blows away. Our lives won't last, especially in these uncertain times.

This is why, in Kingdom Community Church, we are passionate about encouraging and equipping everyone to read the Bible every day and throughout the year. This year, we invite you to, once again, read through the entire Bible. There is a special blessing when we do it together as a spiritual family. You can share insights or revelations in your cell groups and spiritual friendships... Let's spur one another on in our conviction and commitment to love the Word!

May you have a fruitful year ahead!

Shalom, Pastors Vincent & Jenny



# Contents

	Pg#
Bible Reading Plan Suggestions and Resources	5
Join KCC Daily Bread or Chinese congregational devotion	8
Building a 15min Habit of Devotional Time	9
Ways to Engage with God In the Bible	11

### Bible Reading Plans - Suggestions!

We encourage you to find a Bible reading plan suitable for your pace and season of life!

The aim is not to check off a list or to accumulate bible knowledge but rather to practice a regular rhythm of spending time with Jesus – to behold Him and be shaped by Him.

However, did you know it only takes less than 10 min a day to read through the entire Bible in a year? God does not command us to read through the whole bible, but it is commended that we **know** the whole counsel of God (Acts 20:27), meditate on it and depend on it for our spiritual nourishment.

If you wish to read through the **whole bible** or cover the **Old /New Testament**, here are some options for your consideration!

Download the free YouVersion Bible app for your phone/tablet.



### The Bible Recap

### By Tara Leigh Cobble

This chronological plan has a short daily recap by creator Tara. She highlights and summarises the day's bible reading in a casual and easy-to-



understand way. Tara's <u>YouTube recap videos</u> are directly in the <u>devotional plan</u> for easy reference! Check <u>here</u> for more info.

### 5x5x5 New Testament Plan

### By Navigators

5 days a week, 5 minutes a day to read through the New Testament.

The plan also provides 5 ways to dig

deeper into the word as you read. This is an easy plan for those who are just starting to build a habit of reading the bible daily.

(Note: this is not found in the Bible app)





**New Testament Bible Reading Plan** through the New Testament in (5) days a week, (5) minutes a do

### One Story that Leads to Jesus

### by BibleProject

This Bible-in-one-year plan starts from the Old Testament and works through the entire Bible, incorporating 150 animated videos and pointing to a unified story that leads to Jesus.



### Old Testament in a Year **New Testament in a Year**

### By Bible Project

This set of plans split the Old Testament and New Testament into 2 years. This plan is less intense as there



is less to read in a day. The plans are accompanied by visually engaging videos related to the themes or books.

### The Bible with Nicky and Pippa Gumbel

### By Alpha

Each day includes passages from a Psalm or Proverb, the NT and the OT along with a daily commentary from Nicky and Pippa Gumbel, pioneers of Alpha. You can access the plan via



YouVersion or if you prefer – the plan has its own iOS and Android app that you can download.

If you prefer to complete topical plans, you can also <u>search for plans</u> on your <u>YouVersion app!</u> <u>Bible Project</u> has <u>over thirty plans</u> available – <u>here are some of the most popular!</u>



We are blessed today to have so many available options and resources for our bible reading. Here's an <u>excellent FAQ resource</u> <u>list</u> that recommends other plans, and resources like seeing Christ in the Old Testament, and an overview of the biblical storyline.

If you're fairly new to bible reading or confused about the various kinds of books, we suggest you first watch these videos on "How to Read the Bible Series".

More resources can be found on the app: <a href="https://bibleproject.com/app/">https://bibleproject.com/app/</a>



### Join us for KCC Daily Bread

We kicked off KCC Daily Bread during COVID-19. We aim to facilitate a devotion time for those who struggle with connecting with God daily or need a refresher on how to engage with the bible. Join us at home or on your daily commute!

Dates	6-24 Jan 2025   Every Monday-Friday only
Time	8 – 8.45am
Zoom Details	https://uso2web.zoom.us/j/84578172428 Meeting ID: 845 7817 2428 Passcode: KCCDB
	Videos will be left on our <u>YouTube channel</u> .

### Join the Chinese Congregation Zoom Devotional Time

The Chinese congregation meets over zoom every Tuesday-Friday, from 7.30am for a time of devotions. Join them to spend time with the Lord! For any questions, please contact Ps Emmanuelle, our Chinese congregation pastor.

Day	Every Tuesday-Friday
Time	7.30-8am (in Chinese only): Reading of scripture and
	time of sharing 8-8.30am (bilingual): devotional video by <u>GA611 church</u>
Zoom	https://uso2web.zoom.us/j/4769208633?pwd=djhYUUF
Details	YTktRV3RpS3NaNnRBK2d6dzog&omn=82032332618
	Meeting ID: 476 920 8633
	Passcode: 201499

### Building a Habit of Devotional Time

#### 15 Minutes with God

Starting in building a habit of daily devotional time with God can be challenging. We suggest starting off with a more manageable duration- 15 minutes- and slowly building up from there.

See the next page for a suggested breakdown of how you can spend just 15 minutes with God, and <u>watch sister Jannie share</u> to see how this works! The <u>video</u> also has a guided time where you try out this 15-minute breakdown for yourself.

Habits take time to build, so do not be discouraged if you forget to do your devotional time. Keep pressing on in setting aside just 15 minutes for the Lord daily. The Lord loves to spend time with you!

66

Do not become devoted to the habit, but to the Savior. Spend time in the Word and prayer not because other people are doing it, not as a spiritless duty every morning, not merely as an end in itself, but because God has granted us the priceless privilege of fellowship with Him.

Navigators

### Quieten

1 min

### Worship

6 min

### Read

5 min

### Pray

3 min

Breathe In: say one line of a prayer that you have eg. "God I want to draw closer to you today"

Breathe Out: say another line of a prayer that you have eg. "I lay down all my worries and anxieties"

Repeat the same lines of prayer as you take deep breaths in and out

Choose a worship song on YouTube

Press into His presence- the One you are here for!

Listen and sing out the lyrics as a prayer or adoration

Close your eyes and imagine sitting at the feet of Jesus, looking up into His eyes and singing this song to Him Select a portion of scripture to read.

Read & re-read / Listen & re-listen!

### Questions to help engage:

- Is the Holy Spirit highlighting any words/verses? Is the Holy Spirit saying anything? How then shall I respond to this?
- What does this say about God? What does this say about me? How then shall I respond to this?

An expression of praise, adoration or supplication, or as response to what you received when you were reading

#### Possible prayer points:

- Pray a response to what you received
- Pray praises and adoration to God
- Pray your requests

## Ways to engage with God in the Bible

### Submit to it!

"For the word of God is alive and active. Sharper than any doubleedged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart." Hebrews 4:12

God lives in His word. His word has life and spirit. Commit yourselves to the reading of God's Word but moreover **commit to submitting to it so that the Word begins to read you.** It is a different type of reading where the Word of God does not just speak to you on the cognitive level but it touches your heart and transforms you.

Open your devotional time by **asking the Holy Spirit, our Helper** to tenderise your heart, illuminate the scriptures, and help you to understand.

"When the Advocate comes, whom I will send to you from the Father – the Spirit of Truth who goes out from the Father – He will testify about Me." (John 15:26)

"...may give to you the spirit of wisdom and revelation in the knowledge of Him... (Eph. 1:17)

#### Listen to it!

Faith comes by hearing and hearing from the word of God. If you're someone who does not like to read at all then start with listening to the Bible! Use the audio option to listen to the day's devotion and bible readings – we can play that in the YouVersion Bible app. You can even adjust the pace of reading to slow it down to allow truths to sink in...

#### Memorise it!

Storing God's word in your mind will allow the Holy Spirit to bring it up during a temptation or trial. During temptation, you can be like Jesus who will say to the devil, "It is written." **Memorizing the**Scripture like this will help you to conquer sin (Psalm 119:11).

To start your journey, check out this <u>list of verses</u> by Navigators, organized by topic. For a start, choose one topic (each topic has 12 verses) and try memorizing one verse a month!

### 3 Key Questions

As we read the Scripture, we want to focus on knowing **who God is**. While we may learn principles about the Kingdom of God, **we also want to know a Person**. Through that, we can know **our true identity** as his beloved creation. It is not enough to read/study the Bible – we must **TALK** to God as we read/study.

Keeping a journal can be helpful for you to write out your thoughts and prayers to Him.

Join us on 22 Jan, 8pm for a spiritual journaling workshop with Ps Jenni Huan. Follow our KCC WhatsApp channel for more updates.

You search the Scriptures [Bible study], for in them you think you have...life; these are they which testify of Me. You are not willing to come to Me [talk to Me] that you may have life. (Jn. 5:39-40)

# 1. What does this say about You (Father God/ Jesus/ Holy Spirit)?

Highlight or write down the names of God, the descriptions, His emotions, what He does. *E.g. God created, which means He is a Creator and a creative God.* 

### 2. What does this say about me/ humanity?

Ask God to speak to us about this and discover who we are in Him – this is our God-given identity. Embrace these truths by thanking Him. *E.g. Thank you Father for creating me with purpose and intent. I'm Your workmanship created to do good works. I'm Your creation designed with creativity.* 

### 3. How then shall I respond?

Ask God to show and help us how to live out this truth in day-to-day life and obey His word. *E.g. Forgive me if I have hated myself because I know that hurts you. Help me to be rooted in my identity as Your beloved creation. I will learn to love myself and others because You created us with love and care.* 

### **Pray the Word**

Praying the word is basically talking to God using His own words. As you read the word, convert what you understand from the verses into prayer. See below for a suggested breakdown of how to pray the word, and watch this <u>YouTube video</u> to see how this works. The video also includes a demo of what praying the word looks like.

Read	Understand	Declaration / Confession	Ask
•	•	•	•
Read the passage	Ask God for a deeper understanding and revelation	Turn verses of promises to declarations of thanksgiving	Ask God for help to obey
Choose the verses that jump	of the verse	or trust	
out at you			
		Confess if you have not been	
		doing what the verse	
		commands	
		Make declarations of resolve	
		to obey what the verse says	

#### **Lectio Divina**

One of the oldest, simplest, and most powerful tools for hearing God's voice in and through the Bible is Lectio Divina. **This is an approach to Scripture that emphasizes reading it prayerfully, slowly, and with imagination.** It's about the heart more than the head—less about Bible study than turning the Bible into a conversation with God.

In the 12th century, a monk called Guigo systematized Lectio Divina into four helpful steps. In Latin, these were "lectio, meditatio, oratio, and contemplatio"—read, meditate, pray, contemplate.

Read the text.

**Meditate** upon the text, allowing your mind to explore its meaning.

**Pray** the text, turning your thoughts into prayers.

**Contemplate** the Lord, moving your focus away from the text, onto Christ himself.

We recommend you complete <u>a 5-day devotional plan</u> with Pete Grieg, founder of 24-7 Prayer, via the Bible app.



If you enjoy lectio divina, you can go through <u>a more detailed lectio</u> <u>course</u>.

